

COMBAT SPORTS ROOM IN NOGENT-SUR-SEINE

DISCIPLINES







TAEKWONDO

BASKETBALL

FACILITIES

- 1 doio:
 - 28 x8 m combat areas,
 - 46 x 6 m combat areas with refereeing area.
- I boxing gym with fixed ring, 1 recovery room, 1 weight room, 1 viewing room, 1 weigh-in room,
- 1 multi-sports hall with 1 weight room. 1 recovery room, 1 viewing room
- 400-seat bleachers
- Administrative areas. locker rooms, equipment rooms, infirmary

Located 1 hour from Paris by train and car, Nogent-sur-Seine is a bucolic town, with the Seine winding through its center. All the accommodation and catering options are less than 5 min from the sporting facilities. It offers two sports training sites.

A new dedicated space for combat sports

The city has decided to capitalize on its sporting history and connection to combat sports. A new 2,200 m² building is devoted entirely to the practice of judo, karate and boxing. The dojo has two 8 x 8 m combat areas and four 6 x 6 m combat areas with a refereeing area. Next to the dojo, a boxing gym with a fixed boxing ring completes the sporting offer. Everything has been designed for high-level sport, as the building also houses a recovery room, a weight room, a viewing room and a weigh-in room. The overall reception leaves nothing to be desired. You have access to administrative areas, equipment rooms, an infirmary and an ultra-modern locker room. You can follow the competitions in the 400 seat bleachers with 10 PMR spaces.

A multisports hall

A hall (designed to international standards) featuring parquet flooring, a weight room, a recovery room and a viewing room provides you with the best possible conditions for practicing basketball. This hall is equipped with 300-seat bleachers.